

**2016 Brestyan's Las Vegas  
Meet Schedule**

"A" Gym  
Friday 2/12

**Session A1**

**Hopes Compulsory**

8:00am Open Stretch  
8:20am Timed Warmup  
9:20am Prepare for Competition  
9:30am Competition

**Session A2**

**Elite Compulsory**

11:30am Open Stretch  
11:50am Timed Warmup  
12:50pm Prepare for Competition  
1:00pm Competition

**Session A3**

**Hopes Compulsory**

3:00pm Open Stretch  
3:20pm Timed Warmup  
4:20pm Prepare for Competition  
4:30pm Competition

**Session A4**

**Elite Compulsory**

6:30pm Open Stretch  
6:50pm Timed Warmup  
7:50pm Prepare for Competition  
8:00pm Competition

Traditional Format

"A" Gym  
Saturday 2/13

**Session A5**

**Hopes Optional**

8:00am Open Stretch  
8:20am Timed Warmup  
9:20am Prepare for Competition  
9:30am Competition

**Session A6**

**Hopes Optional**

11:30am Open Stretch  
11:50am Timed Warmup  
12:50pm Prepare for Competition  
1:00pm Competition

**Session A7**

**Elite Optional**

3:00pm Open Stretch  
3:20pm Timed Warmup  
4:20pm Prepare for Competition  
4:30pm Competition

**Session A8**

**Hopes Compulsory**

6:30pm Open Stretch  
6:50pm Timed Warmup  
7:50pm Prepare for Competition  
8:00pm Competition

"A" Gym  
Sunday 2/14

**Session A9**

**Elite Optional**

8:00am Open Stretch  
8:20am Timed Warmup  
9:20am Prepare for Competition  
9:30am Competition

**Session A10**

**Hopes Optional**

11:30am Open Stretch  
11:50am Timed Warmup  
12:50pm Prepare for Competition  
1:00pm Competition

**2016 Brestyan's Las Vegas  
Meet Schedule**

"B" Gym  
Friday 2/12

**Session B1  
Level 8**

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8:00am Open Stretch  
8:15am Presentation  
8:20am Timed Warmup  
8:30am Competition

**Session B2  
Level 8**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session B3  
Level 9**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

**Session B4  
Level 10**

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6:30pm Open Stretch  
6:45pm Presentation  
6:50pm Timed Warmup  
7:00pm Competition

"B" Gym  
Saturday 2/13

**Session B5  
Level 10**

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8:00am Open Stretch  
8:15am Presentation  
8:20am Timed Warmup  
8:30am Competition

**Session B6  
Level 10**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session B7  
Level 9**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

**MSO BANQUET**

"B" Gym  
Sunday 2/14

**Session B9  
Level 10**

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8:00am Open Stretch  
8:15am Presentation  
8:20am Timed Warmup  
8:30am Competition

**Session B10  
Level 8**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session B11  
Level 9**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

**Session B12  
Level 8**

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6:00pm Open Stretch  
6:15pm Presentation  
6:20pm Timed Warmup  
6:30pm Competition

Modified Capital Cup Format  
Team Awards given after each session

**2016 Brestyan's Las Vegas  
Meet Schedule**

"C" Gym  
Friday 2/12

**Session C1  
Level 6**

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8:00am Open Stretch  
8:15am Presentation  
8:20am Timed Warmup  
8:30am Competition

**Session C2  
Level 7**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session C3  
Level 7**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

**Session C4  
Level 8**

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6:30pm Open Stretch  
6:45pm Presentation  
6:50pm Timed Warmup  
7:00pm Competition

"C" Gym  
Saturday 2/13

**Session C5  
Level 9**

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8:00am Open Stretch  
8:15am Presentation  
8:20am Timed Warmup  
8:30am Competition

**Session C6  
Level 9**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session C7  
Level 8**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

**MSO BANQUET**

"C" Gym  
Sunday 2/14

**Session C9  
Level 6**

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8:00am Open Stretch  
8:15am Presentation  
8:20am Timed Warmup  
8:30am Competition

**Session C10  
Level 6**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session C11  
Level 7**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

Modified Capital Cup Format  
Team Awards given after each session

**2016 Brestyan's Las Vegas  
Meet Schedule**

"D" Gym  
Friday 2/12

**Session D1  
Level 2 ALL**

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9:30am Open Stretch  
9:45am Presentation  
9:50am Timed Warmup  
10:00am Competition

**Session D2  
Level 3 ALL**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session D3  
Level 4**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

**Session D4  
Level 5 ALL**

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6:00pm Open Stretch  
6:15pm Presentation  
6:20pm Timed Warmup  
6:30pm Competition

"D" Gym  
Saturday 2/13

**Session D5  
Level 6**

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8:00am Open Stretch  
8:15am Presentation  
8:20am Timed Warmup  
8:30am Competition

**Session D6  
Level 7**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session D7  
Level XP ALL/XD ALL**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

**MSO BANQUET**

"D" Gym  
Sunday 2/14

**Session D9  
Level 4/XG ALL**

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8:00am Open Stretch  
8:15am Presentation  
8:20am Timed Warmup  
8:30am Competition

**Session D10  
Level XS ALL**

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11:30am Open Stretch  
11:45pm Presentation  
11:50am Timed Warmup  
12:00pm Competition

**Session D11  
Level XB ALL**

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3:00pm Open Stretch  
3:15pm Presentation  
3:20pm Timed Warmup  
3:30pm Competition

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